



Tortilla Pizza

Info:

Makes 2 Servings 180 Calories per Serving
300 Calories per Serving with Pepperoni



Ingredients:



- ❖ 2 10" Flour Tortillas
- ❖ 6 Tbsp Tomato Sauce
- ❖ ½ tsp Oregano
- ❖ ½ tsp Basil
- ❖ ¼ Cup Onion, chopped
- ❖ ¼ Cup Red Bell Pepper, chopped
- ❖ 2 oz Low Fat (Part Skim) Mozzarella Cheese
- ❖ 4 Tbsp Reduced Fat Parmesan Cheese
- ❖ 24 Pepperoni (optional)

Preparation:



1. Preheat Broiler, place rack on 3rd shelf down
2. Spread tomato sauce on tortilla, add onions and peppers, sprinkle seasonings and cheeses, add pepperoni if chosen
3. Broil 4-5 minutes, watch closely so it doesn't burn
4. Serve hot