



Peanut Butter Sandwich

Info:

Makes 1 Servings 330 Calories per Serving

LOW CAL

Ingredients:

- ❖ 2 Slices Whole Wheat Bread
- ❖ 2 Tbsp Reduced Fat Peanut Butter



Preparation:

1. Toast bread, spread peanut butter
2. Don't forget fruit or veggie side!

