



## **Parmesan Mashed Potatoes**

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### **Info:**

Makes 4 Servings      105 Calories per Serving

**LOW CAL**

### **Ingredients:**



- ❖ 2 Cups Instant Mashed Potatoes
- ❖ 1/8 Cup Grated Parmesan Cheese
- ❖ Salt & Pepper to taste

### **Preparation:**



1. Cooked potatoes according to package directions, but use skim/soy milk and I Can't Believe It's Not Butter Fat Free
2. Add cheese, stir and serve hot