



## Mini Pizza

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### Info:

Makes 1 Servings      170 Calories per Serving

**LOW CAL**

### Ingredients:



- ❖ 1 Whole Wheat English Muffin
- ❖ 2 Tbsp Tomato Sauce
- ❖ ½ oz Part-Skim Finely Shredded Mozzarella
- ❖ ¼ tsp Italian Seasonings
- ❖ 1/8 tsp Garlic Powder

### Preparation:



1. Split the English muffin in half and toast it
2. Preheat toaster oven or regular oven to broil
3. Place muffin halves on baking sheet, spread tomato sauce, sprinkle seasonings and cheese over top
4. Broil for 2-4 minutes until cheese is melted