



Herb Pasta

Info:

Makes 4 Servings 150 Calories per Serving

LOW CAL

Ingredients:



- ❖ 4 oz Rotini or Penne Pasta
- ❖ 2 tsp Olive Oil
- ❖ 4 Tbsp Parmesan (Freshly Shredded, not in the green can!)
- ❖ 1 tsp Fresh Basil, chopped
- ❖ 1 tsp Fresh Oregano, chopped
- ❖ 1 tsp Fresh Parsley, chopped
- ❖ 1 tsp Salt

Preparation:



1. Cook the pasta according to the box directions
2. In a large mixing bowl or tupperware bowl mix the olive oil and pasta
3. In a small bowl mix the parmesan, basil, oregano, parsley and salt
4. Toss the dry mixture in with the pasta and coat thoroughly