



Greek Salad

Info:

Makes 4 Servings 210 Calories per Serving

LOW CAL

Ingredients:



- ❖ 1 Bag Baby Spinach
- ❖ 4 Tomatoes, cut into large chunks
- ❖ 1 Cucumber, peeled and sliced into half circles
- ❖ ½ Red Onion, sliced into rings
- ❖ 6oz Black Olives
- ❖ 4oz Reduced Fat Feta Cheese
- ❖ 2 Tbsp Capers (optional)
- ❖ 8 Tbsp Light Balsamic Vinaigrette

Preparation:

1. Pour dressing over salad ingredients and toss

