



English Muffin with Peanut Butter

Info:

Makes 1 Servings 250 Calories per Serving

LOW CAL

Ingredients:

- ❖ ½ Whole Wheat (or 1 small frozen) Bagel
- ❖ 2 Tbsp Reduced Fat Peanut Butter



Preparation:

1. Toast, lather and enjoy!

