



# Deviled Eggs

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## Info:

Makes 4 Servings      165 Calories per Serving

**LOW CAL**

## Ingredients:



- ❖ 12 Large Eggs
- ❖ ½ Cup Fat Free Mayo
- ❖ ½ tsp Mustard
- ❖ ½ tsp Salt
- ❖ ½ tsp Pepper
- ❖ ½ tsp Paprika

## Preparation:



1. Place eggs in cool water, bring to boil
2. Lower heat to medium, boil for 15 minutes
3. Immediately put eggs in bowl of ice water
4. Slice eggs in half lengthwise
5. Mix Mayo, Mustard, Salt, Pepper & 6 Yolks (discard remaining 6)
6. Spoon mixture into egg whites, sprinkle with paprika