



Cucumber, Tomato & Feta Salad

Info:

Makes 1 Servings 100 Calories per Serving

LOW CAL

Ingredients:



- ❖ 1 Medium Tomato
- ❖ ¼ Cucumber, peeled
- ❖ ½ oz Feta Cheese, low-fat, crumbled
- ❖ 1-2 Tbsp Light Balsamic Vinaigrette Dressing

Preparation:



1. Slice tomato into large, bite-size chunks and cut cucumber into half-circle slices
2. Sprinkle crumbled feta cheese over top
3. Drizzle vinaigrette over top