



# Boiled Cabbage

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## Info:

Makes 8 Servings      40 Calories per Serving

**LOW CAL**

## Ingredients:

- ❖ 1 Cabbage
- ❖ 4 Tbsp I Can't Believe It's Not Butter Light
- ❖ 1 tsp Salt
- ❖ 1 tsp Pepper



## Preparation:

1. Boil a pot of water with salt, pepper and butter
2. Chop the head of cabbage into 3-4 inch chunks
3. Boil cabbage 30-45 minutes until tender
4. Serve hot

